



TEEJ CUMMINS

ENGAGEMENT SPECIALIST



strateejiccoach



teejcummins

MEET TEEJ

DYNAMIC SPEAKER AND COACH

Traveling from: Vero Beach, FL



Teej is an experienced powerhouse in the world of sales and leadership, igniting client and team engagement leading to remarkable success. She has a proven track record of exceeding expectations through her in-depth understanding of tailoring sales strategies to any situation. Teej specializes in creating meaningful connections that drive results. She captures the attention of her audiences through her contagious energy and enthusiasm, and she particularly connects through empowering women to rise above challenges with tenacity and resilience. Teej's authentic, action-oriented approach, coupled with passionate advocacy for women, creates a transformative experience.



BUSINESS COACH

Teej is a motivator, implementer, and people-grower with over 20 years of experience in sales and leadership. As a speaker, she excels at empowering her audience to overcome obstacles and unlock their top potential.

As a professional Sales and Leadership Coach, she is committed to removing the obstacles that impact the lives and careers of her clients. In addition to sales and leadership, she has a diverse background in entrepreneurship, fashion, vocal recording, and media sales.



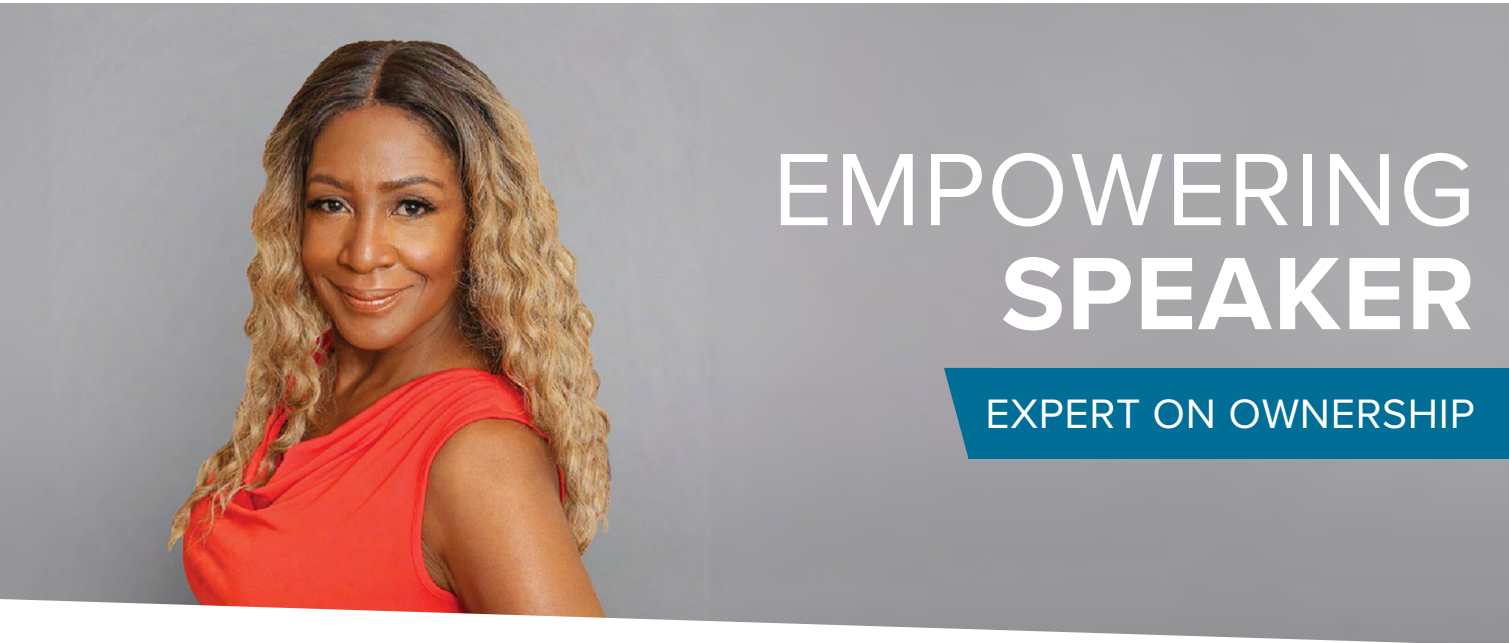
CERTIFIED TRAINER

Teej has a diverse ability to speak and train leaders on topics that impact their companies and team members at the core. She specializes in engagement and uses her experience with diversity and inclusion to bring out the best in the teams she works with.

She is certified in Team Engagement, as well as Diversity and Inclusion, a few of her leading passions. Teej is also a National Diversity Council member in addition to being a Women-at-Risk consultant and Child Rescue Coalition advocate.



Learn more at [TeejCumminsSWC.com](https://www.TeejCumminsSWC.com)



EMPOWERING SPEAKER

EXPERT ON OWNERSHIP

More than just an inspirational speaker, Teej’s program combines meaningful connections with practical strategies, driving results.



Inspirational

Teej motivates and inspires others through her passionate advocacy and engagement strategies.



Strategic

Teej excels at exceeding expectations with her tailored sales strategies and deep business understanding.



Dynamic

Teej’s contagious energy, diverse background, and commitment to inclusion highlight her dynamic leadership style.

KEYNOTE PROGRAMS

THE COST OF COMFORT

Most people unintentionally live in their comfort zones. Staying in their comfort zone gives them a false feeling of safety. But, are they really safe or just surviving? Learn how to overcome living in your comfort zone.

BELONGING

Sometimes people don’t feel like they belong in the companies, organizations, or social groups that they are a part of. Just being on the website or roster – in other words, just being “invited,” – doesn’t mean they feel included. Discover the power of belonging in this engaging keynote.

DISABLE THE LABELS

Over the years, we all inadvertently label ourselves. We may call ourselves “alone,” “unimportant,” “powerless,” or “ill-equipped.” These invisible labels shape our self-image, shackle our behaviors, and control our habits. Teej walks you through how to break down these labels to create new outcomes.



THE COST OF COMFORT

FEATURED KEYNOTE

ABOUT THE COST OF COMFORT

Most people unintentionally live in their comfort zones. Staying in their comfort zone gives them a false feeling of safety. But, are they really safe or just surviving? Living in your comfort zone has major consequences.

If you stay in your comfort zone:

- You will fail to reach your potential and instead suffer from massive regret.
- You will live life without really knowing what you are capable of.
- You will slowly lose your passion and your fire to fulfill your purpose.

You may want to get out of your comfort zone, but don't know how.

In Teej Cummins' charismatic program, she challenges her audience to move outside of the zone where they feel comfortable by helping them understand the true cost of protecting themselves from their anxiety. She helps them get unstuck so they can face their fears and begin to learn and grow.

Ultimately, Teej ignites true change, allowing audience members to reach their full potential.

BELONGING

FEATURED KEYNOTE



ABOUT BELONGING

Sometimes people don't feel like they belong in the companies, organizations, or social groups that they are a part of. Just being on the website or roster – in other words, just being “invited,” – doesn't mean they feel included.

Not feeling like they belong prevents them from:

- Speaking up and sharing their valuable perspectives and talents.
- Seeing a clear road map or vision within the organization.
- Being fully engaged and present in the conversation.

Ultimately, it prevents them from doing their best, creating a culture of “presenteeism” in which people may be present, but not really “all in.”

Teej Cummins has spent her life as an advocate for the unseen. In this powerful program, she enables the audience to notice when there is no noise. She teaches a step-by-step methodology for how to intentionally create an organization of active listening. Teej is a bridge-builder between people, and her program empowers them to deeply engage and connect.



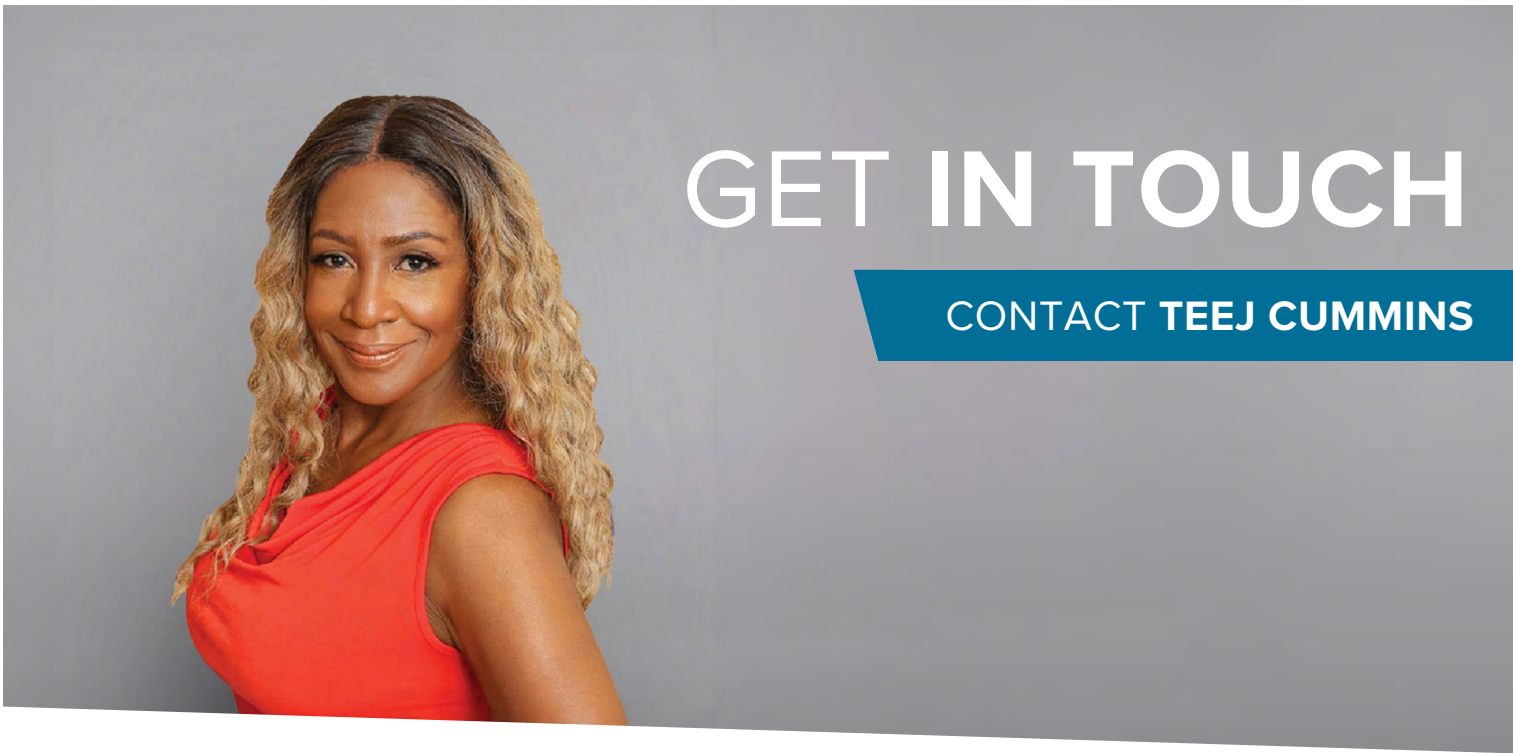
DISABLE THE LABELS

FEATURED KEYNOTE

ABOUT DISABLE THE LABELS

Over the years, we all inadvertently label ourselves. We may call ourselves “alone,” “unimportant,” “non-talented,” “powerless,” or “ill-equipped.” These invisible labels shape our self-image, shackle our behaviors, and control our habits.

In Teej Cummins’ dynamic and challenging style, she brings awareness to the labels you have given yourself and liberates you from their control over you. Her program enables you to see yourself differently, behave more powerfully, and ultimately, create new outcomes.



GET IN TOUCH

CONTACT TEEJ CUMMINS

If you're interested in booking Teej for your upcoming event, reach out to our team of dedicated speaker agents at info@southwesternspeakers.com to check her availability.

Contact Southwestern Speakers:

info@southwesternspeakers.com

You can also keep up with Teej on the following channels:



Teej Cummins: @strateejiccoach



Teej Cummins: TeejCumminsSWC.com



Teej Cummins: @teejcummins

SouthwesternSpeakers.com