

## Why You Should Book Elizabeth

Elizabeth is a high-energy and dynamic speaker focused on helping people reach their full potential. Throughout her career, she has trained thousands of people to rewire their negative thinking while implementing proven systems that create a growth environment. She is an expert in thought transformation, believing that right thinking is the foundation for success and knowing how to exchange limiting beliefs for healthy thoughts. In her humorous and relatable program, she uses the science of neuroplasticity and covers four simple steps to equip her audience with the power to transform their thinking. When you transform your thoughts, you transform your life!

## **FEATURED KEYNOTE**

## **Pick Your Path:**

How to Set Your Mental Autopilot on the Right Course

Henry Ford said, "Whether you think you can or you can't, you are right." Our thoughts deeply shape our reality. Many of our thoughts are negative. Our negative thoughts lead us on a path to our results, holding us back from the success, relationships, opportunities and joy that we so desperately want. In this insightful keynote, learn how to transform your life through transforming your thinking!



## **CONTACT FOR KEYNOTE PRICING**

Fee includes a 45-minute pre-event call to allow speaker insight on presentation customization, a 60-90 minute keynote, and a 30-minute post-event call.



Contact for availability: